



# HOWTO

## PROPERLY SET YOUR GAINS

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RFTECH:

You meticulously selected the right products for your car audio system, installed them, and finally connected them together. It sounds good, but are you getting the most out of your system? By properly adjusting your system gains, the Sound Quality (SQ) and/or Sound Pressure Level (SPL) can be greatly optimized.

NOTE: This is a complete version of our RFTECH “Gain Tutorial” (Knowledge Base ID #46). You can find instructions for building your own DIY “Distortion Meter” at Knowledge Base ID #1055 with a QR-Code link at the end of this article.

### Dynamic Range

A car audio system can have its dynamic range greatly improved by simply adjusting system gains. By definition, “Dynamic Range” is the ratio of the loudest to faintest sounds reproduced without significant distortion, expressed in decibels (dB). Gain adjustments are typically found on amplifiers that control the sensitivity of the input circuit (signal processors use a level adjustment that controls the amplitude of the output circuit). A gain adjustment’s primary purpose is to match the output voltage of the source unit to the input circuit of the amplifier.

In a metaphor, let’s equate the gain control to the throttle adjustment on a carburetor, and the source unit’s volume knob to a gas pedal. Let’s also assume our hot-rod can produce up to 300 horsepower (HP). If our carburetor adjustment is increased, the engine will “idle” high and it will take minimal gas pedal travel to get the engine up to its 300 HP potential. Conversely, if our carburetor adjustment is decreased, the engine will “idle” low and it will take maximum gas pedal travel to get the engine up to its 300 HP potential. Where the carburetor is “set” doesn’t affect how much horsepower the engine can generate, just the effort needed to drive the engine to its full potential. Adjusting the throttle so our hot-rod idles at the proper RPM will – in effect – optimize the “dynamic range” of your gas pedal.

### Source Unit Voltage

Since a source unit is the starting point of our audio signal, it’s important to select a model that has a good preamplifier output, most importantly low “output impedance” and solid “output voltage”. Many quality units provide 2 Volts or more at the RCA outputs. A common misconception is that source units always produce their rated output voltage as printed on their specification page. Say for example, if you have a 4V source unit – the myth is – the radio produces 4V all the time. Well, let’s take a closer look...

We tested a Panasonic CQ-RX400U rated at 2.0V RMS at the preamp outputs (RCA jacks). Fig 1 shows the radio’s maximum unclipped output (measured with a 1kHz @ 0dB test tone) was 2.1V RMS, so it exceeded its specification. After we determine the volume level needed to produce an unclipped signal, we’ll retain this position for the next two tests.

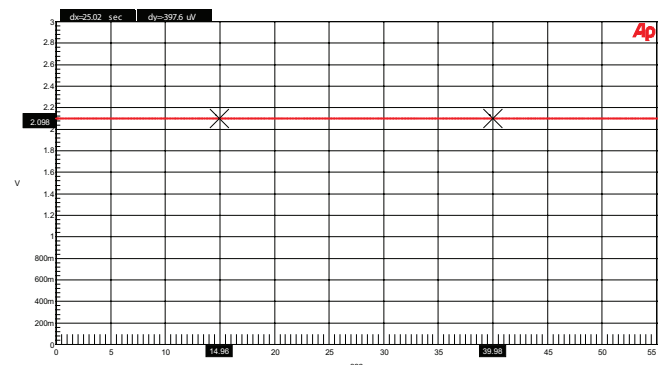


Fig. 1

We then tested our “VOLUME – Under Pressure” CD Track #3 called “Let It Drop”. Fig 2 shows the average output was only 1.25V RMS with peaks up to 1.9V for the entire duration of the song. That’s 37.5% lower than its rated output!

We finally tested “KEANE – Hopes And Fears” CD Track #1 called “Somewhere Only We Know”. Fig 3 shows the average output was a mere 814mV RMS with peaks up to 1.674V. That’s over 59.3% lower than its rated output.

Now we know what happens when we play music (not test tones) in a car audio system. With the proper setup routine, we can help compensate for this anomaly by over driving the amplifier’s input stage by calculating the amount of “gain overlap” needed.

### Gain Overlap

If we want a “clean sounding” car audio system, it doesn’t mean setting the gain structure so our amplifier never clips. If we did, the absolute highest musical peak would occur at the threshold of clipping and there would be no audible distortion. In order to find a comfortable compromise between high signal-to-noise at low listening levels and low distortion at high listening levels, we need to understand “Gain Overlap”, which is the amount of input signal that overdrives the amplifier’s input measured in decibels. If using a signal processor, we want to optimize the dynamic range between the processor and amplifier, allowing the processor to determine the amount of gain overlap that drives the amplifier. Fig. 4 shows the characteristics associated with different levels of gain overlap & Fig. 5 shows the result as measured from the amplifier’s output terminals.

Gain Overlap	Performance	Amp Output THD
0 dB	Best signal-to-noise / Low SPL	*0%
+5 dB	Good signal-to-noise / Good SPL	20%
+10 dB	Best compromise between signal-to-noise and SPL	32%
+15 dB	Bad signal-to-noise / High SPL	39%
+20 dB	Terrible signal-to-noise / Best SPL	43%
* At 0dB there is no clipping distortion and therefore THD will fallback on the amplifier's rated THD specification.		

Fig. 4

At first, you may be concerned with the amount of distortion (THD) the amplifier can produce, but the amplifier is only producing this during musical peaks, which account for a small percentage of the music track. Tests have shown that many **people prefer +10 dB of gain overlap** so the system retains reasonable Sound Quality while exhibiting an elevated Sound Pressure Level.

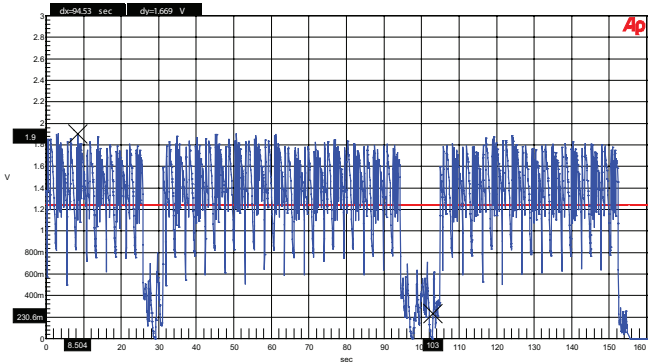


Fig. 2

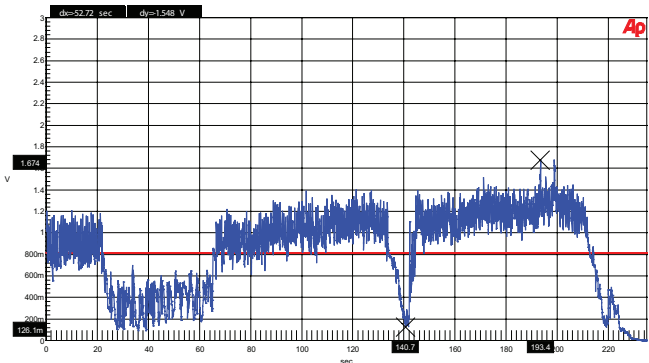


Fig. 3

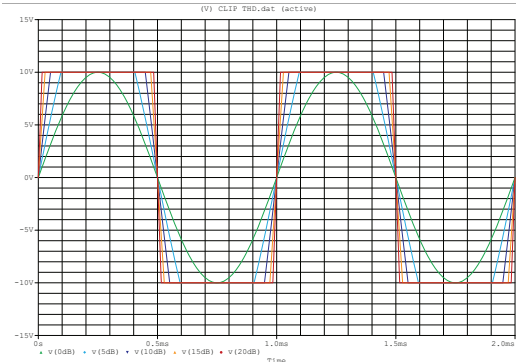


Fig. 5



### **Adjusting Gains by Ear**

This is the fastest and easiest method for adjusting system gains. The benefit is the cost which is FREE. It's also fairly easy to do and only requires a screwdriver to adjust the gain controls.

☐ **Step 1.** Adjust source unit Bass, Treble, and Balance to their center position.

☐ **Step 2.** Adjust all amplifier gains and any Punch EQ to minimum.

#### ***Without a Signal Processor***

☐ **Step 3.** Play a music track with impactful bass, vocals and treble.

☐ **Step 4.** Increase the source unit volume to 3/4 (high performance source units to 7/8) maximum.

☐ **Step 5.** Increase the amplifier gain(s) until your preferred maximum loudness is achieved. If using amplifiers in bridged/mono mode or using two amplifiers in bd-SYNC mode, simultaneously increase both gain controls so they are balanced at the same level.

#### ***With a Signal Processor***

☐ **Step 3.** Adjust all signal processor levels to minimum.

☐ **Step 4.** Play a music track with impactful bass, vocals and treble.

☐ **Step 5.** Increase the source unit volume to 3/4 (high performance source units to 7/8) maximum.

☐ **Step 6.** Increase the signal processor level output until your preferred maximum loudness is achieved. If the maximum processor output level is reached and system still does not play loud enough, then slowly increase the amplifier gain controls until your preferred maximum loudness is achieved. If using amplifiers in bridged/mono mode or using two amplifiers in bd-SYNC mode, simultaneously increase both gain controls so they are balanced at the same level.



### **Adjusting Gains by Meter**

This is the most cost effective method for adjusting system gains with predictable accuracy. This procedure references a DIY Distortion Meter as follows; 1) Mini-Amplified Speaker, 2) Source Unit Voltage Divider, and 3) Amplifier Voltage Divider. A link for building your own DIY Distortion Meter is at the end of this article.

- ☐ **Step 1.** Disconnect all speakers and RCA cables from source unit. Adjust Bass, Treble, and Balance to their center position.
- ☐ **Step 2.** Connect the RCA end of the “Source Unit Voltage Divider” to the source unit’s RCA output. Connect the 1/8” jack end to the “Mini Amplified Speaker”.
- ☐ **Step 3.** Play a test tone, 1kHz @ 0dB. If source unit has a REPEAT TRACK function, press this button to provide adequate time to perform Step 4.
- ☐ **Step 4.** Turn on the “Mini Amplified Speaker” to a low listening level. Increase the source unit’s volume until the maximum output is produced without clipping (at clipping you can hear the tone change from clean to raspy). Stop the track when the test is complete. DO NOT change the source unit’s volume position.

### ***Without a Signal Processor***

- ☐ **Step 5.** Reconnect RCAs between source unit and amplifier(s).
- ☐ **Step 6.** Disconnect all speakers from amplifier(s). Adjust all amplifier gains and any Punch EQ to minimum.
- ☐ **Step 7.** Connect the alligator clips from the “Amplifier Voltage Divider” to the amplifier’s speaker outputs. Connect the 1/8” jack end to the “Mini Amplified Speaker”.
- ☐ **Step 8.** Play the test tone of your choice (0dB/-5dB/-10dB) for the desired gain overlap.
- ☐ **Step 9.** Increase amplifier gain(s) until maximum amplifier output is produced without clipping (again, listen for the tone to change from clean to raspy). If using amplifiers in bridged/mono mode or using two amplifiers in bd-SYNC mode, simultaneously increase both gain controls so they are balanced (at the same level).

### ***With a Signal Processor***

- ☐ **Step 5.** Reconnect RCAs between source unit and signal processor(s).
- ☐ **Step 6.** Disconnect all speakers from amplifier(s). Adjust all amplifier gains and any Punch EQ to minimum.
- ☐ **Step 7.)** Connect the alligator clips from the “Amplifier Voltage Divider” to the amplifier’s speaker outputs. Connect the 1/8” jack end to the “Mini Amplified Speaker”.
- ☐ **Step 8.** Play the test tone of your choice (0dB/-5dB/-10dB) for the desired gain overlap.
- ☐ **Step 9.** Increase signal processor gain(s) until maximum amplifier output is produced without clipping (again, listen for the tone to change from clean to raspy). If the maximum processor output level is reached and system still does not play loud enough, then slowly increase the amplifier gain controls until amplifier reaches the threshold of clipping. If using amplifiers in bridged/mono mode or using two amplifiers in bd-SYNC mode, simultaneously increase both gain controls so they are balanced (at the same level).



### **Adjusting Gains by Oscilloscope**

This is the most accurate method for adjusting system gains. However, the expense of owning an oscilloscope or access to one makes this option out of reach for most people. Fanatics entering Sound Quality competitions should use this.

- ☐ **Step 1.** Disconnect all speakers and RCA cables from source unit. Adjust Bass, Treble, and Balance to their center position.
- ☐ **Step 2.** Connect the oscilloscope to the source unit's RCA output.
- ☐ **Step 3.** Play a test tone, 1kHz @ 0dB. If source unit has a REPEAT TRACK function, press this button to provide adequate time to perform Step 4.
- ☐ **Step 4.** Increase the source unit's volume until maximum output is produced without clipping. Stop the track when the test is complete. DO NOT change the source unit's volume position.

### ***Without a Signal Processor***

- ☐ **Step 5.** Reconnect RCAs between source unit and amplifier(s).
- ☐ **Step 6.** Disconnect all speakers from amplifier(s). Adjust all amplifier gains and any Punch EQ to minimum.
- ☐ **Step 7.** Connect the oscilloscope to the amplifier's speaker outputs.
- ☐ **Step 8.** Play the test tone of your choice (0dB/-5dB/-10dB) for the desired gain overlap.
- ☐ **Step 9.** Increase amplifier gain(s) until maximum output is produced without clipping. If using amplifiers in bridged/mono mode or using two amplifiers in bd-SYNC mode, simultaneously increase both gain controls so they are balanced (at the same level).

### ***With a Signal Processor***

- ☐ **Step 5.** Reconnect RCAs between source unit and signal processor(s). Adjust all signal processor gains to minimum.
- ☐ **Step 6.** Disconnect all speakers from amplifier(s). Adjust all amplifier gains and any Punch EQ to minimum.
- ☐ **Step 7.** Connect the oscilloscope to the amplifier's speaker outputs.
- ☐ **Step 8.** Play the test tone of your choice (0dB/-5dB/-10dB) for the desired gain overlap.
- ☐ **Step 9.** Increase the signal processor gain(s) until maximum output is produced from amplifier without clipping. If the maximum processor output level is reached and amplifier(s) still do not clip, then slowly increase the amplifier gain controls until the amplifier reaches the threshold of clipping. If using amplifiers in bridged/mono mode or using two amplifiers in bd-SYNC mode, simultaneously increase both gain controls so they are balanced (at the same level).

## Downloadable Gain Overlap Tracks

These tracks used to properly set gain overlap are available for download from our RFTECH support site. All available tracks are listed in Fig. 6. When downloading/importing these tracks, be sure to use the highest quality encoding possible. You can play these tracks directly from a laptop or mobile device if your source unit has an Auxiliary (AUX) Input. If you are burning a CD-ROM, be sure to burn the disc at the highest quality available.

Track #	Name	Description	Amp Output THD
06.	4 kHz @ 0 dB	4 kHz with 0 dB gain overlap for use with tweeters	*0%
07.	1 kHz @ 0 dB	1 kHz with 0 dB gain overlap for use with midrange	*0%
08.	40 Hz @ 0 dB	40 Hz with 0 dB gain overlap for use with subwoofers	*0%
09.	4 kHz @ -5 dB	4 kHz with 5 dB gain overlap for use with tweeters	20%
10.	1 kHz @ -5 dB	1 kHz with 5 dB gain overlap for use with midrange	20%
11.	40 Hz @ -5 dB	40 Hz with 5 dB gain overlap for use with subwoofers	20%
12.	4 kHz @ -10 dB	4 kHz with 10 dB gain overlap for use with tweeters	32%
13.	1 kHz @ -10 dB	1 kHz with 10 dB gain overlap for use with midrange	32%
14.	40 Hz @ -10 dB	40 Hz with 10 dB gain overlap for use with subwoofers	32%
15.	4 kHz @ -15 dB	4 kHz with 15 dB gain overlap for use with tweeters	39%
16.	1 kHz @ -15 dB	1 kHz with 15 dB gain overlap for use with midrange	39%
17.	40 Hz @ -15 dB	40 Hz with 15 dB gain overlap for use with subwoofers	39%

\* At 0dB there is no clipping distortion and therefore THD will fallback on the amplifier's rated THD specification.

**Fig. 6**

*Download Gain Overlap Tracks:*

[http://rftech.custhelp.com/cgi-bin/rftech.cfg/php/enduser/std\\_adp.php?p\\_faaid=46](http://rftech.custhelp.com/cgi-bin/rftech.cfg/php/enduser/std_adp.php?p_faaid=46)

...or...

1. Go to <http://www.rockfordfosgate.com/rftech>
2. Click on Find Answers
3. Search for "46" or "Gain Tutorial"

**DIY Distortion Meter**



The “Better” and “Best” sections of the “Properly Set Your Gains” article references a DIY “Distortion Meter”.

[illegible]

[http://rftech.custhelp.com/cgi-bin/rftech.cfg/php/enduser/std\\_adp.php?p\\_faqid=1055](http://rftech.custhelp.com/cgi-bin/rftech.cfg/php/enduser/std_adp.php?p_faqid=1055)

## Gain Overlap Tracks



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2. Click on Find Answers
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